

Instructions for use



Dip the AquaSplint^{thermo} with tweezers in hot water for **2-3 minutes at 80 °C** until the plastic becomes transparent. Let cool for **10 seconds** in cold water.



Insert the AquaSplint^{thermo} in the lower jaw and let **cool down/harden** for about **5 minutes**.



Rinse with cold water to accelerate cooling. **Remove after solidification.**



Remove any excess that may disturb the occlusion. If the result is undesirable, the whole process can be repeated.

Recommended wearing time max. 4 weeks.